

**RSVP/NORTH LEE
COUNTY**

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CINDY STEFLIK, DIRECTOR

Silver Threads

*Success in life has nothing to do with what you gain in life or accomplish for yourself...
It's what you do for others.*

Did you know?

- If you are a snowbird, you can receive the RSVP newsletter via email. You won't miss out on a thing! Just let the RSVP office know what months you will be away and share your email address with us. We'll hold your mailed newsletter for that time period.

Side notes:

- Please turn in all volunteer time sheets on a **monthly** basis. (Makes bookkeeping much easier!)
- Help RSVP save postage costs by receiving the newsletter via email. Just call and give us your email address.
- You can find out what new volunteer opportunities are available by checking out the RSVP Facebook page or the City of Fort Madison web page.
- Please make sure you **sign your name** to all timesheets. This is a federal requirement!

Normal office hours:

Wednesday 8-4:30

Thursday 8-4:30

Tuesday & Friday by chance.

Volume 1, Issue 3

March 2015

Volunteer Spotlight

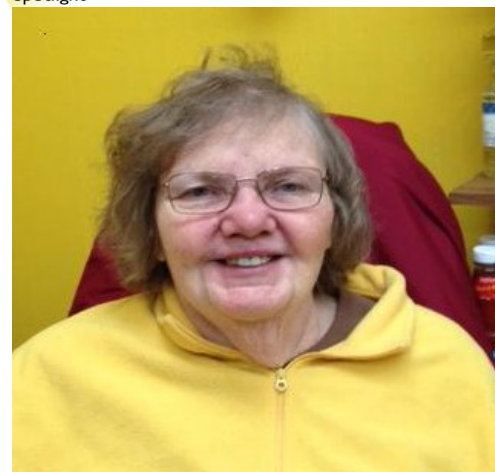


Carol Kennedy has been volunteering at the Community Food Pantry for the last eight years. You'll see Carol at the Pantry office collecting intake information most Wednesday mornings. Carol has logged in over 1100 hours the past 8 years. Carol also serves as the Pantry's volunteer coordinator/office manager and is a member of the Food Pantry board. She assures that the Pantry schedule is covered throughout the month with 3 volunteers for each shift.

Carol says that she was drawn to the food pantry during her years as a teacher. Her school held annual food drives for the pantry and that peaked her interest to learn more about the pantry and how it operates. When she retired in 2007, she decided the Food Pantry was the perfect place for her to volunteer her time. Carol states she "has met many wonderful people—volunteers and pantry clients." She has found that we have a much greater need for the pantry than she realized and she encourages everyone to support our local Food Pantry.

In her spare time, Carol enjoys playing mahjongg, eating out with friends, watching television and spending time with her cat, Daisy.

RSVP thanks Carol for her years of continuous dedication to the Community Food Pantry.



Mayor's Day of Recognition for National Service - April 8th

The annual Mayor's Day of Recognition will be held April 8th. Mayor's Day of Recognition is an opportunity for Mayors throughout the United States to acknowledge and honor the volunteers in their city. Without these volunteers, many programs simply would not be able to function.

Mayor Brad Randolph plans to

visit some RSVP stations the morning of the 8th—planned visits are the Community Food Pantry, The Newberry Center, and the Salvation Army Thrift Store.

He will be working side-by-side with RSVP volunteers so that he can experience first-hand the good works our volunteers do each and every day.





CONGRATULATIONS TO

Cathy McInteer and Sheryl Decker

They are winners of a \$10 Gift Certificate from



For "Liking and Sharing" the RSVP Facebook Page.



YOU can be a winner too — just "Like and Share" the RSVP Facebook Page in March or April and you'll be entered to win.

Cathy, Sheryl, Dave and Mary please stop by the RSVP office to pick up your gift!

Happy Birthday!

- Judith Rink 3/3
- Cathy McInteer 3/9
- Paula Kropp 3/10
- Sherrill Sallen 3/10
- Carol Foss 3/14
- Cindy Steflik 3/17
- Joan Walljasper 3/21
- Jane Sanford 3/24
- Roberta Smith 3/26
- Rudie Castagna 3/27
- Patrick Dunn 3/28
- Rachael Cook 3/29



Casey's at 1208 Avenue H has very generously donated a free coffee and doughnut to RSVP members on your birthday. You will have a coupon enclosed if it is your birth month. If we have some how missed enclosing your coupon, please call the RSVP office.

Be sure to say "Thanks" to the Casey's manager.



PLEASE Welcome our New Volunteers!

- Jan Gill — Food Pantry — 1/22/15
- Rachael Cook — Salvation Army Thrift Store and Grocery Shopper 2/3/15
- Jonica DuQuite — Salvation Army Thrift Store — 2/6/15
- Diane Hope— Fort Madison Community School District — 2/11/15

Congratulations to RSVP Volunteer, Betty Vincent in being a nominee for Citizen of the Year!

Spring Cleaning continues



Last month we asked that every volunteer please fill out and return the form on page 3 to assure our files are up-to date. We have received several, but still have several yet to be turned in. Please fill the form out completely and return it to the RSVP office as soon as possible. Again, this request is for **ALL VOLUNTEERS**.

Many thanks to all of you who turned your form in promptly! To show our appreciation to those who promptly replied, we've decided to draw names for two \$10 Hy-Vee gift certificates.

The winners are:
Dave Sallen
Mary Davis

Please find the Enrollment Update Form on Page 4.



You can now follow RSVP on Pinterest:

<https://www.pinterest.com/rsvpfm/>

Volunteer Opportunities

- | | | |
|--------------------------------|-----------------------------------------------|-----------------------------------------------|
| • Food Pantry Shopper | • Rodeo Hospitality | • Rodeo Grounds Maintenance |
| • Food Pantry Office Assistant | • Thrift Store Attendant | • Library Aide |
| • Delivering meals to shut-ins | • Martin Luther King Jr Day/Book Drive | • Rodeo Ticket Office |
| • Art Center Attendant | • Salvation Army Bucket Attendant/Bell Ringer | • Mentor/Tutor |
| • Blood Drive Volunteer | • Nursing Home Friendly Visitor | • Special On-Call List for Community Projects |
| • Grocery Shopper for Shut-ins | • Nursing Home Bingo/Games | • RSVP Advisory Council |
| • Hospice Volunteer | • Caller/Office Assistant | • Book Sorter |
| • School Athletics | | X _____ |

Volunteer Name

AS WE
LOSE OURSELVES
IN THE
service
OF OTHERS
WE DISCOVER
our own lives
AND OUR
OWN
happiness
—Dieter F. Uchtdorf—

RSVP needs volunteers NOW to fill the following positions:

- **Book Sorters**—Two volunteers to help sort the children’s books collected during the Martin Luther King Jr “Books for Kids’ book drive. Books need to be sorted by appropriate reading age group. We have a great wooden bin to display the books at the United Way Resource Center. This job will probably take 2-3 hours one time and then as more books are donated, additional sorting might be required at a later time. This is a great opportunity for someone who doesn’t want to commit to a regular long-term volunteer placement.
- **The Madison and West Point Care Center** are also in need of “Friendly Visitors” and “Bingo/Game Day Assistants”. If you enjoy working with seniors, then this is the job for you.
- There are many opportunities to volunteer. If you are interested in any of the above opportunities just circle and return the list to the RSVP office or give Cindy a call or zip her an email.

The special On-Call list is for stations that have a one-time or short-term volunteer need. This includes special community events, fundraising events, mailings, etc. We will call or email volunteers on our “On-Call” list when we receive requests for assistance.



Cindy will be out of the office:

- March 9 & 10 for the State Legislative Breakfast/Meetings
- March 30 through April 6 for a family vacation.
- If you have an emergency you may contact: **Melinda Blind, City Clerk** at 319-372-7700 Ext. 206.

If you’ve received this newsletter by email, you’ve either requested to be on our mailing list or we’ve included you in our Newsletter mailing because we feel you are an important contact for RSVP. If you wish to unsubscribe from this newsletter simply reply by email and state **UNSUBSCRIBE** in the subject line. We will remove your name from our mailing list. Thank you.

Beneficiary for RSVP Supplemental Accident Insurance (must fill in):

Name: _____ Relationship: _____

Address: _____ City/State/ZIP: _____

Phone: _____

If there is no surviving beneficiary, loss of life benefits will be paid in one sum to this covered volunteer's estate.

Please circle Y or N:

I am a Veteran: Y N

I am an Active Duty Member of the US Armed Forces: Y N

I am a Member of the National Guard/Reserve: Y N

I am an immediate family member of a Veteran: Y N

I am an immediate family member of an Active Duty Member of the US Armed Forces: Y N

I am an immediate family member of a National Guard Member/Reservist: Y N

Please indicate your consent for a criminal background check if required by your volunteer station. Y N

Do you drive? Y N

If yes, please fill in the following information as required by RSVP federal compliance:

Drivers License No. _____ **State** ____ **Expires on:** ____ / ____ / ____

Auto insurance carrier _____ **Expires on:** ____ / ____ / ____

As an RSVP volunteer, I understand that I am covered by supplemental accident insurance while at my volunteer station. I understand that if I use my personal automobile to and from my volunteer work station, I will keep in effect automobile liability insurance equal to or greater than the minimum required by the State of Iowa.

By checking this box, I grant permission to RSVP to take photos of myself and use these for publicity purposes including newspaper, newsletter and electronic/social media.

Do you use Facebook? Y N **Are you willing to receive the RSVP newsletter and other notifications**

via email? Y N **Please share your email address:** _____

Confidentiality Statement

I understand that in my capacity as an RSVP volunteer, I may come into contact with confidential information. I agree not to discuss confidential information concerning parties/individuals I work with through my volunteer service and to use first names only when discussing said persons with the volunteer station supervisor. I agree to respect and protect this information to the best of my abilities as a volunteer and not to disclose it during or after my service as a volunteer has ended. All volunteers share the responsibility of adhering to and enforcing the confidentiality policy. Conflict should be brought to the attention of the volunteer site supervisor(s) and/or the RSVP director. I understand that failure to comply with this confidentiality statement may result in disciplinary action and possible termination of my volunteer service with the volunteer station and North Lee County RSVP. My signature below indicates I have read and understand the Confidentiality Statement.

I certify that the above information is correct to the best of my knowledge and I will contact the RSVP office if there are any changes in my circumstances.

Volunteer Signature: _____ **Date:** _____

Volunteer Name (please print) _____